

























| Sun | Mon  | Tue   | Wed   | Thu  | Fri  | Sat |
|-----|--|---|---|--|--|-----|
| 28  | 29<br>9:30 Morning Meet N Greet<br>10-11 Members Projects<br>10-1 Let's Make Lunch<br>1-2 <b>Music Group</b><br>2-3 Games           | 30<br>9:30 Morning Meet N Greet<br>10-1 Let's Make Lunch<br>10:30-11:30 <b>Zoom Body and Mind</b><br>1-3 Cards and Games      | 31<br>9:30 Morning Meet N Greet<br>10-1 <b>Picnic Prep</b><br>11:30-1 <b>Picnic in the Park</b><br>1-3 Members Projects   | 1<br>9:30 Morning Meet N Greet<br>10-1 Lets Make Lunch<br>10-11 <b>Bingo</b><br>1-2 <b>Zoom Voices and Vibes</b><br>1-3 Cards and Games                               | 2<br>9:30 Morning Meet N Greet<br>10:30-11:30 <b>Zoom Mindbusters Games Group</b><br>1-2:30 <b>Zoom Hootenanny</b>                                  | 3   |
| 4   | 5<br><b>CENTRE CLOSED FOR CIVIC HOLIDAY</b><br>   | 6<br>9:30 Morning Meet N Greet<br>10-1 Let's Make Lunch<br>10:30-11:30 <b>Zoom Body and Mind</b><br>1-3 Cards and Games       | 7<br>9:30 Morning Meet N Greet<br>10-1 Let's Make Lunch<br>10-11 <b>Pictionary!</b><br>1-2 <b>Zoom Art Show</b>                            | 8<br>9:30 Morning Meet N Greet <br><b>Picnic at the Zoo</b><br><b>*Note: BIAPR ABI Day Services Closed from 10:30 - 2:30 pm</b>                                       | 9<br>9:30 Morning Meet N Greet<br>10:30-11:30 <b>Zoom Mindbusters Games Group</b><br>10-1 Let's Make Lunch<br>1-3 <b>Movie</b>                      | 10  |
| 11  | 12<br>9:30 Morning Meet N Greet<br>10-11 <b>Members Projects</b><br>10-1 Let's Make Lunch<br>1-2 <b>Music Group</b><br>2-3 Games   | 13<br>9:30 Morning Meet N Greet<br>10-1 Let's Make Lunch<br>10:30-11:30 <b>Zoom Body and Mind</b><br>1-3 <b>Charades</b>     | 14<br>9:30 Morning Meet N Greet<br>10-11 <b>Creative Writing</b><br>1-2 <b>Zoom Art Show</b><br>2-3 Cards and Games                       | 15<br>9:30 Morning Meet N Greet <br>10-1 Let's Make Lunch<br>12:30-1 <b>Lets try Kombucha!</b><br>1-2 <b>Zoom Health &amp; Wellness: Microbiome and Mental Health</b> | 16<br>9:30 Morning Meet N Greet<br>10:30-11:30 <b>Zoom Mindbusters Games Group</b><br>10-1 Let's Make Lunch<br>1-3 <b>Movie &amp; Ice Cream</b>    | 17  |
| 18  | 19<br>9:30 Morning Meet N Greet<br>10-11 <b>Members Projects</b><br>10-1 Let's Make Lunch<br>1-2 <b>Music Group</b><br>2-3 Games  | 20<br>9:30 Morning Meet N Greet<br>10-1 Let's Make Lunch<br>10:30-11:30 <b>Zoom Body and Mind</b><br>1-3 Members Projects   | 21<br>9:30 Morning Meet N Greet<br>10-1 <b>Tie- Dye Project</b><br>1-2 <b>Zoom Art Show</b><br>2-3 Cards and Games                       | 22<br>9:30 Morning Meet N Greet <br>10-11 <b>Let's make smoothies</b><br>10-1 Let's Make Lunch<br>1-2 <b>Zoom Health &amp; Wellness: Benefits of Time in Nature</b> | 23<br>9:30 Morning Meet N Greet<br>10:30-11:30 <b>Zoom Mindbusters Games Group</b><br>10-1 Let's Make Lunch<br>1-3 <b>Movie</b>                   | 24  |
| 25  | 26<br>9:30 Morning Meet N Greet<br>10-11 <b>Members Projects</b><br>10-1 Let's Make Lunch<br>1-2 <b>Music Group</b><br>2-3 Games  | 27<br>9:30 Morning Meet N Greet<br>10-1 Let's Make Lunch<br>10:30-11:30 <b>Zoom Body and Mind</b><br>1-3 <b>Pictionary</b>  | 28<br>9:30 Morning Meet N Greet<br>10-11 <b>Trivia Fun!</b><br>10-1 Let's Make Lunch<br>1-2 <b>Zoom Art Show</b><br>2-3 Cards and Games  | 29<br>9:30 Morning Meet N Greet <br>10-1 Let's Make Lunch<br><b>Crazy Hat Day</b><br>1-2 <b>Zoom Health &amp; Wellness: Local Leisure Resources</b>                 | 30<br>9:30 Morning Meet N Greet <br>10:30-11:30 <b>Zoom Mindbusters Games Group</b><br>10-1 Let's Make Lunch<br>1-3 <b>Movie/Ice Cream Social</b> | 31  |